A Message from Our President

Roberta Beers, CPOT

Personal Growth & Professional Development

Ways to Become a More Valuable Employee in your Optometric Practice and why it Matters

"Building Highly Effective Teams"

- Advancing your personal growth and professional career
- Your personal connection with the purpose, mission, and values of the PPA, not only as an individual but also as a member of your community
- You are an essential contributor to building an association dedicated to the development, promotion and preservation of the association and our profession
- The true value of membership is what it has supported you to learn, to be, and to become.
- Membership offers support for a lifetime of training and opportunity.
- Be a part of something big; Help your profession GROW!

Many of our needs are very different than those of ten or even five years ago. With the addition of new responsibilities associated with Meaningful Use, Electronic Health Records and advances in technology, it’s important the Pennsylvania Paraoptometric Association provides training and support to meet the needs of our members. We will also continue to be your voice to the optometric community on the valuable role you play in the success of your practices.

PPA is optometry’s best kept secret, and we want to let the secret out!

We are working to familiarize ODs and paraoptometrics that PPA provides direct assistance with staff development and professional growth. I am proud to say I am the president of PPA and have a board that works together to promote education, membership for all our members. Hope to see all of you at Spring Congress which I know you know will be at the Kalahari Resort.

Message from the President Elect:

Lisa Scarborough, CPOA, ABOC

I have been working side by side with Cindy Whitman on membership renewals this year. I encourage you to renew your 2019 membership by April 15 to get the discounted fee. If you have not received your DUES NOTICE yet, please contact Cindy or myself.

Make sure that you provide YOUR CURRENT PERSONAL & WORK EMAIL ADDRESSSES!! Let us know if your address has changed.
Message from the Vice President of Continuing Education:

Dawn Deppe, CPC

Hello everyone! Spring has, almost, sprung here in PA.

Speaking of which, Spring Congress 2019 in Kalahari is approaching fast. All the finishing touches are in the works, and registration deadlines are approaching for us all, but it looks to be a fun and above all, educational event.

Classes range from Frame Adjusting, Anatomy, Optical Crosses, Obtaining Quality OCTs, Prism, Medicare Billing, CPO Review and much more. If you haven’t registered yet, you can find a registration link on the POA website.

In future education, we have already booked a meeting room and are finalizing plans with a speaker for fall 2019, to occur near Pittsburgh on Saturday September 21st. This will be 7 hours of CE, with a nice balance of ABO and CPO certified education. More information will follow, and we should have details available to you at Spring Congress.

I look forward to seeing you all at Kalahari!!

NOTE: Please book your hotel room thru the POA website in order to get your room discounted!!!
Budget Stats: Please Review for the Spring Business Meeting at Kalahari Resorts on Saturday, May 18th, 2019 at Noon.

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| EXPENSES                         |             |               |               |
| Committee                        | $989.94     | $2,700.00     | $1,000.00     |
| PPA/POA Board Meetings           | $3,000.00   | $2,800.00     | $3,500.00     |
| President Allocated Expense      | $900.00     | $2,100.00     | $2,100.00     |
| Meeting Room/Rental/Meals        | $1418.67    | $500.00       | $500.00       |
| Education Honorarium             | $8,883.56   | $6,150.00     | $7,500.00     |
| Library                          | $68.15      | $100.00       | $100.00       |
| Printing                         | $40.00      | $100.00       | $100.00       |
| Legal/Accounting                 | $275.00     | $300.00       | $275.00       |
| Credit Card Fees                 | $0.00       | $250.00       | $300.00       |
| Postage                          | $214.87     | $250.00       | $250.00       |
| Gifts & Donations                | $250.00     | $200.00       | $250.00       |
| Supplies                         | $142.87     | $200.00       | $200.00       |
| Past President Incentive Award   | $0.00       | $200.00       | $0.00         |
| Misc                             | $338.95     | $100.00       | $150.00       |
| 40th Anniversary                 | $1,197.70   |               |               |

Account Balances:  
Check Account: $9,786.99  
Savings Account: $13,461.65  

Membership:  
2019 New Members----------5  
2018 Fall New Members-----22  
Honorary---------------------3  
2019 Renewing Members-----35  
Total Membership 2019-----65

Message from Secretary/Treasurer:  
Cindy Whitman, CPO

PPA’s Loaner Library

PPA is here to help you to improve your job skills. Need Help Studying for your CPO, CPOA, or CPOT Exam?

Librarian  
Katie Mansfield  
710 Tri County Lane  
Belle Vernon, PA 15012  
Knmansfield@yahoo.com  
Office: (724)929-2229  
Fax: (724)929-2907  
Cell: (412)417-5699

Guidelines For Borrowing Library Materials

All materials can be borrowed on a four-week schedule. If you need to keep material longer, please contact the librarian for availability.

Inside the front cover, you will find a card with the shipping date and the date the materials should be returned to the library. The library will pay for shipping to you. You are responsible for return mailing costs back to the library.

A form is provided to you on the web site with the proper procedure for borrowing the materials. Please Visit Us At https://pennsylvania.aoa.org/paras/loaner-library
Hello everyone! Spring is nearly here, and with it a flurry of activity has started for the Vision Awareness Patch.

I recently had a troop leader from the Media area of PA contact me regarding the patch program, and several emails later, she will be working with a local optician to have her troop tour the lab and talk with the opticians there. This tour will probably happen late March or early April.

I also just received an email just yesterday from an OD that is also her daughter’s troop leader. They are pursuing the patch, and will be ordering a batch of patches to complete the program.

And, I am still discussing with an optometrist from the Philly area that wants to reach out to troops in his area. This is more of an ongoing long-term project.

All in all, some nice activity for the patch program. I look forward to reporting on these projects in future issues of Para Eyes.

Thank you all.

NEW TO 2019!

We would like you to spot light a para in each edition of Para Eyes.

As paraoptometric’s we work diligently every day to support our doctors, coworkers, patients, as well as numerous others that we encounter thru out the day.

The PPA would like to recognize one of those hard working paras.

All it takes is ONE EMAIL.

Send a name and an email address where we can contact this deserving para. We will take care of the rest.

We hope and look forward to getting to know each and every one of our members, one edition at a time!

Please email us at: Pennsylvaniaparas@yahoo.com

Contact: Dawn Deppe, CPOC
Restore Eye Care
650 Gray’s Woods Blvd
Suite 120
Port Matilda, PA 16870
Phone: (814)272-0262
Fax: (814)272-1301
Email: ddeppe@restoreeyecare.com

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In The SPOTLIGHT

The Paraoptometric of the Year Award & Young Para of the Year-is given annually to the optometric assistant or technician in Pennsylvania who has made the most outstanding and worthwhile contributions to the profession of optometry, paraoptometry and the general public.

Please go online to see the rules and specifications for nomination as well as to download the nomination form.

See The Link Below:

https://pennsylvania.aoa.org/paras/awards

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Email: ddeppe@restoreeyecare.com

Recording Committee:
Margi Herr, CPO

As the Chair of the Recording Committee, I compile a list of member’s consecutive years of membership and continuing education credits.

Members in attendance completing a milestone will be awarded certificates during the General Business Meeting at Spring Congress, May 16-19, 2019 at the Kalahari Resorts.

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Are You Interested In Becoming A PPA Board Member?

President-Elect – Duties- Perform the duties and responsibilities of the President in the President’s absence or in the event of the failure or inability of the president to perform the duties. Prepare and present a report for the board and general meetings. Attend all PPA board meetings and general membership meetings.

Vice President Continuing Education- Duties- Arrange topics and speakers for educational meetings. Submit educational materials to Commission on Paraoptometric Certification for approval. Oversee the recording of continuing education hours and awards, also recourse library and economic task force. . Attend meetings and report to the president/board.

Secretary/Treasurer- Duties – Keep accurate records of the proceedings of all board of directors and general membership meetings, submit the minutes to the president for approval within two weeks of the meeting, Attend all PPA board meetings and general membership meetings.

Vice President of Communication/ Public Relation- Edit, publish and distribute the associations newsletter. Attend all PPA Board meetings. The V.P. of Public Relation chairs the Paraoptometric of the year award, and promotes the Girl Scout Patch Program. Attend all PPA board and general membership meetings. Purchase gifts as defined in the guidelines as instructed by the president.

ELECTIONS FOR THE 2019 PPA BOARD WILL BE HELD AT THE MAY MEETING IN KALAHARI, PA. ANYONE INTERESTED IN RUNNING FOR A BOARD POSITION CAN CONTACT Vera Kohler at vjkohler@verizon.net

 Doesn’t Take a Lot of Time, Just a Little Time to Care!

Recording Committee- which you would maintain the education forms for State Paras. This committee prepares certificates for Paras who have earned different increments of hours of education at our spring education. You would be sending copies of all continuing education forms to members requiring re-certification.

Monitor Committee – Working with the V.P. of education to make sure the education runs smoothly.

Library Committee – Maintaining the list of educational materials. Keeping a list of Paras who have borrowed materials and make sure the website pages are update to library materials.

Vision Awareness Girl Scout Patch Committee – This committee person is responsible to promote the Girl Scout patch and keep the board abreast of the results.

Membership Committee-This committee works to familiarize ODs and paraoptometrics that the PPA provides direct assistance with staff development and professional growth. As you can understand, we have a lot of work ahead of us to increase our numbers and to increase our education that in turn will increase our membership, to become that one Voice, but with your help, we can learn. Connect. Grow together.

HAVE YOU MOVED?

If you have moved, changed, phone numbers, email addresses, or changed employers within the last year, please notify us with those changes at the email below!!

Pennsylvaniaparas@yahoo.com
Letters of Intent

LETTER OF INTENT

Cindy Whitman, CPO
Secretary/Treasurer

To the members of PPA,

I am submitting my Letter of Intent for Secretary-Treasurer.

I have been employed at Eye Care Professional for 13 years. My duties include pretesting, visual fields, refractions, phoropters, floor styling, scheduling patients and OCT testing, working in the public at health fairs, going to nursing homes to take IOP pressures of patients who are not able to get into the office.

I have served as the chair on the Economic Task Force, and chair of the Lancer Library Committee. Girl Scouts of America, Girl Scout Ambassadors Committee, served as Secretary/Treasurer, VP of Communications/Public Relations, and am currently Executive Director.

If elected, it is my intent to do the duties as outlined in our Constitution and Bylaws and Officer and Committee Guide Book.

Yours in PPA,

Cindy Whitman, CPO

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Vice President of Communication and Public Relations:

Amanda M. Lunsford, CPOA
Eye Center of Lancaster County
418 Highland View Drive, Lancaster, Pa 17601

To the members of the PPA,

My name is Amanda Lunsford, CPOA. Please accept my letter of intent for the position of Vice President of Communication and Public Relations for the Pennsylvania Paraoptometric Association.

I have been employed at The Eye Center of Lancaster County with Dr. Phillip Schwartz for 14 years. I started with chart preparation and filing. My duties now include: special testing, pretesting, front desk, and running the finishing lab.

I am currently serving as VP of Communications and Public Relations. I have also served on the PPA board as VP of Continuation Education in 2017, and Secretary/Treasurer in 2016. I believe that it is important for members in our profession to grow in knowledge, as well as promote comradery with one another. I am proud to be a part of the PPA, and have been attending meetings since I was a little girl with my mother, who is also a member of PPA.

If I am elected as Vice President of Communication and Public Relations, I will perform all duties as outlined in PPA Constitution and Bylaws and Officer and Committee Guide Book.

Sincerely,

Amanda M. Lunsford, CPOA
Sponsorships

We would like to specially thank
Central Pennsylvania Optometric Society,
North West Optometric Society
Pennsylvania Optometric Association
for their generous donation to the Pennsylvania Paraoptometric Association Spring Congress. We appreciate their support to further our knowledge and growth in our field.

Order Form:  PPA Paraoptometric Reference Manual

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Name: ___________________________ Phone: __________________
Address: __________________________

Checks Payable To: Pennsylvania Paraoptometric Association
Send To: Theola Amundson, CPOT
118 Scotland Ave
Punxsutawney, Pa 15767

Association State Pins Available Upon Request